

CLASS – IV		TEXTBOOK: KHEL YATRA	SUBJECT: PHYSICAL EDUCATION AND WELL BEING
Month	No. of working days	Name of the chapter/topic to be covered	No. and Name of Lesson
APRIL TO MAY	23	1. BASIC MOTOR MOVEMENTS	1. THROWING AND CATCHING
		2. OUR GAMES	5. LOCAL AND TRADITIONAL GAMES
JUNE	08	3. YOGA	YOGA PRACTICES
JULY	25	1. BASIC MOTOR MOVEMENTS	2. KICKING AND RECEIVING
		3. OUR GAMES	5. LOCAL AND TRADITIONAL GAMES
		4. YOGA	YOGA PRACTICES
AUGUST	23	1. BASIC MOTOR MOVEMENTS	3. STRIKE THE SHUTTLECOCK
		2. OUR GAMES	5. LOCAL AND TRADITIONAL GAMES
		3. YOGA	YOGA PRACTICES
SEPTEMBER	24	REVISION	
OCTOBER	20	1. BASIC MOTOR MOVEMENTS	4. LITTLE STEPS
		2. OUR GAMES	5. LOCAL AND TRADITIONAL GAMES
		3. YOGA	YOGA PRACTICES
NOVEMBER	23	1. BASIC MOTOR MOVEMENTS	4. LITTLE STEPS
		2. OUR GAMES	5. LOCAL AND TRADITIONAL GAMES
		3. YOGA	YOGA PRACTICES
DECEMBER	18	1. BASIC MOTOR MOVEMENTS	3. STRIKE THE SHUTTLE COCK 4. LITTLE STEPS
		2. OUR GAMES	5. LOCAL AND TRADITIONAL GAMES
		3. YOGA	YOGA PRACTICES
JANUARY	24	1. BASIC MOTOR MOVEMENTS	2. KICKING AND RECEIVING 3. STRIKE THE SHUTTLE COCK 4. LITTLE STEPS
		2. OUR GAMES	5. LOCAL AND TRADITIONAL GAMES
		3. YOGA	YOGA PRACTICES
FEBRUARY	23	REVISION	

MARCH	23	REVISION	
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CLASS-VI			SUBJECT-ENGLISH
SN	Month	No. of working days	Name of the chapter/topic to be covered
1	April and May	23	A Bottle of Dew (U-1) Prose Homophones The Raven and the Fox (Poem) Poetic Device (Alliteration)
2	June	8	Reading with understanding Rama to the Rescue (U-1) comic story
1	July	25	The unlikely Best Friends (U-2) story Grammar- Adjectives, Interrogatives, Reading-seen passage