

Kendriya Vidyalaya Sangathan (HQs)
Split-Up of Syllabus for the Academic Session 2026–27

CLASS-3

हिंदी

क्रम संख्या	माह	कार्य दिवसों की संख्या	पढ़ाए जाने वाले पाठ / विषय का नाम	शिक्षण सहायक सामग्री / ई-सामग्री लिंक/अपनाई जाने वाली नवाचारी शिक्षण विधियाँ	आयोजित किए जाने वाले मूल्यांकन / परीक्षण / परीक्षा
1	अप्रैल – मई	24	1.सीखो	<p style="text-align: center;"><u>सीखो</u></p> <p>शिक्षण सहायक सामग्री -</p> <ul style="list-style-type: none"> * प्राकृतिक और मानव निर्मित वस्तुओं पर चार्ट । * पर्यायवाची कार्ड । * चित्र कार्ड । * “सीखो” पाठ से मिलने वाली अच्छी आदतों या सीख का चार्ट । <p>नवाचार शिक्षण विधियाँ-</p> <ul style="list-style-type: none"> * सीख का पेड़- पेड़ के पत्तों पर प्रत्येक बच्चा एक सीख लिखेगा । * प्रकृति भ्रमण द्वारा प्राकृतिक और मानव निर्मित वस्तुओं को अलग अलग करने का खेल। * प्रकृति से सीखी किसी सीख को रंगीन कागज पर लिखना । <p>https://epathshala.nic.in/topicc.php?id=0331CH01</p>	<ul style="list-style-type: none"> ● लैट ● बहुविकल्पीय प्रश्न ● पठन कौशल का मूल्यांकन ● पद्यांश कार्यपत्रिका ● नैतिक मूल्य लेखन

			<p>चींटी</p> <p>शिक्षण सहायक सामग्री -</p> <ul style="list-style-type: none"> * मोल्डेड क्ले द्वारा चींटी और चींटी की सेना के सदस्यों के चित्र। * तुकान्त शब्द कार्ड । * कठिन शब्दों के फ्लैश कार्ड । <p>नवाचार शिक्षण विधियाँ-</p> <ul style="list-style-type: none"> * मोल्डेड क्ले द्वारा चींटी व चींटियों की सेना के सदस्यों को तैयार करना । * आस-पास पाए जाने वाले कीड़ों के चित्र बनाकर लाना। * अवलोकन गतिविधि - बच्चों से कहें कि वे स्कूल या घर के आसपास चींटी और अन्य कीड़ों मकोड़ों को देखें और उनकी विशेषता बताएं। <p>https://epathshala.nic.in/topicc.php?id=0331CH02</p>	<ul style="list-style-type: none"> ● लैट ● अधूरी कविता को आगे बढ़ाकर पूरा करना । ● तुकांत शब्द कार्यपत्रिका ● पद्यांश कार्यपत्रिका
2	जून	<p>3. कितने पैर</p> <p>दोस्त के जूते (पठन हेतु)</p>	<p>कितने पैर</p> <p>शिक्षण सहायक सामग्री -</p> <ul style="list-style-type: none"> * विभिन्न जानवरों के चित्र । * कौन जानवर कितने पैर- खेल चार्ट । * जानवरों के छोटे-छोटे खिलौने या मॉडल । <p>नवाचार शिक्षण विधियाँ-</p> <ul style="list-style-type: none"> * जानवरों के मुखौटे । * भिन्न-भिन्न पैरों वाले जानवरों के नाम बताओ का खेल । * खेल - “पैर गिनो” - विद्यालय से घर जाने के रास्ते में मिलने वाले जानवरों के नाम व पैरों की संख्या लिखो। <p>https://epathshala.nic.in/topicc.php?id=0331CH03</p>	<ul style="list-style-type: none"> ● लैट ● गतिविधियों का अवलोकन । ● बहुविकल्पीय प्रश्न ● पठन कौशल का मूल्यांकन ●

3	जुलाई	26	<p>4. बया हमारी चिड़िया रानी</p>	<p style="text-align: center;"><u>बया हमारी चिड़िया रानी</u></p> <p>शिक्षण सहायक सामग्री -</p> <ul style="list-style-type: none"> * बया पक्षी का चित्र । * गुब्बारे की मदद से बना घोंसला । * घोंसले को बनाते हुए बया पक्षी का वीडियो। <p>नवाचार शिक्षण विधियाँ-</p> <ul style="list-style-type: none"> *तिनकों, पत्तों व नारियल के खोल आदि से चिड़िया का घोंसला बनाना। * रंगीन कागज से चिड़िया बनाना। * चिड़िया की शारीरिक संरचना का चार्ट तैयार करना । <p>http://epathshala.nic.in/QR/?id=0331CH04</p>	<ul style="list-style-type: none"> ● लैट ● लघु अनुच्छेद लेखन, ● अध्याय से शब्दावली को पूछना, ● कविता पठन मूल्यांकन <p style="text-align: center;">पुनरावृत्ति</p> <p>प्रथम आवधिक परीक्षा</p>
			<p>5. आम का पेड़</p>	<p style="text-align: center;"><u>आम का पेड़</u></p> <p>शिक्षण सहायक सामग्री -</p> <ul style="list-style-type: none"> * पेड़ के भागों का चार्ट । * विशेषण कार्ड । *वास्तविक वस्तु - आम के पेड़, बीज, आम के फल, पत्ते और फूल आदि को प्रत्यक्ष प्रस्तुत करें। <p>नवाचार शिक्षण विधियाँ-</p> <ul style="list-style-type: none"> * उद्यान भ्रमण । * पेड़ लगाने की प्रक्रिया दिखाना * आम से बना हुआ कोई खाद्य पदार्थ लेकर आना । * गुठली और बिना गुठली वाले फलों को खोजकर लिखें। <p>https://epathshala.nic.in/topicc.php?id=0331CH05</p>	<ul style="list-style-type: none"> ● लैट ● गतिविधियों का अवलोकन । ● बहुविकल्पीय प्रश्न ● पठन कौशल का मूल्यांकन

4	अगस्त	23	6.बीरबल की खिचड़ी	<p style="text-align: center;"><u>बीरबल की खिचड़ी</u></p> <p>शिक्षण सहायक सामग्री -</p> <ul style="list-style-type: none"> * अकबर बीरबल के चित्र । * कहानी का नाटकीय रूपान्तरण । * अकबर के नौ रत्नों के चित्र । <p>नवाचार शिक्षण विधियाँ-</p> <ul style="list-style-type: none"> * अकबर और बीरबल की एक कहानी घर से तैयार करके आएँ और उसे कक्षा में सुनाएँ । * बच्चे विविध प्रकार के अनाजों से बनी हुई खिचड़ी लेकर आयेंगे । * चटपटी भेलपूरी । <p>https://epathshala.nic.in/topicc.php?id=0331CH06</p>	<ul style="list-style-type: none"> ● लैट ● बहुविकल्पीय प्रश्न ● पठन कौशल का मूल्यांकन ● गद्यांश कार्यपत्रिका
			7.मित्र को पत्र	<p style="text-align: center;"><u>मित्र को पत्र</u></p> <p>शिक्षण सहायक सामग्री -</p> <ul style="list-style-type: none"> * विभिन्न प्रकार के पत्रों का चार्ट । * भारत का नक्शा । * पोस्ट कार्ड स्टैम्प । <p>नवाचार शिक्षण विधियाँ-</p> <ul style="list-style-type: none"> * पोस्टबॉक्स बनायें। * अपने मित्र को एक पत्र लिखें । * पत्र हेतु एक लिफाफा तैयार करें। <p>https://epathshala.nic.in/topicc.php?id=0331CH07</p>	<ul style="list-style-type: none"> ● लैट ● गतिविधियों का अवलोकन । ● बहुविकल्पीय प्रश्न <p>पठन कौशल का मूल्यांकन</p>

			<p>8.चतुर गीदड़</p> <p>शिक्षण सहायक सामग्री -</p> <ul style="list-style-type: none"> * गीदड़, मगरमच्छ और कछुए के मुखौटे । *नाटकीय रूपान्तरण । * जलचर, थलचर और नभचर जीवों का चार्ट। <p>नवाचार शिक्षण विधियाँ-</p> <ul style="list-style-type: none"> * दोने (कटोरी) से कछुआ तैयार करना । * जल व थल मे पाये जाने वाले जीवों को एक कागज पर अलग-अलग लिखकर लाना । <p>http://epathshala.nic.in/QR/?id=0331CH08</p>	<ul style="list-style-type: none"> ● लैट ● गतिविधियों का अवलोकन । ● बहुविकल्पीय प्रश्न ● पठन कौशल का मूल्यांकन
5	सितंबर	24	<p>9.प्रकृति पर्व 'फूलदेई'</p> <p>शिक्षण सहायक सामग्री -</p> <ul style="list-style-type: none"> * विविध प्रकार की फूलों की टोकरी * भारत का नक्शा । *उत्तराखंड की प्रसिद्ध वस्तुओं और विशेषताओं पर एक चार्ट । <p>नवाचार शिक्षण विधियाँ-</p> <ul style="list-style-type: none"> * फूलदेई का त्योहार अपनी कक्षा में मनाना । * फूल और पत्तों से तोरण बनाना । *फूलों की रंगोली प्रतियोगिता । <p>https://epathshala.nic.in/topicc.php?id=0331CH09</p> <p>सुनो भई गप्प (पठन हेतु)</p>	<ul style="list-style-type: none"> ● लैट ● गतिविधियों का अवलोकन । ● बहुविकल्पीय प्रश्न ● पठन कौशल का मूल्यांकन

				पुनरावृत्ति	अर्धवार्षिक परीक्षा
6	अक्टूबर	16	10.रस्साकशी ट्रैफिक जाम (पठन हेतु)	<p style="text-align: center;">रस्साकशी</p> <p>शिक्षण सहायक सामग्री -</p> <ul style="list-style-type: none"> * रस्सी द्वारा रस्साकशी खेल का प्रत्यक्ष प्रदर्शन । * विभिन्न भारतीय खेलों के चित्र । * विद्यालय में स्थित प्राथमिक उपचार पेटी का प्रदर्शन । <p>नवाचार शिक्षण विधियाँ-</p> <ul style="list-style-type: none"> * अन्य भारतीय खेलों को खोजकर उनके चित्र बनाना । * स्वयं प्राथमिक उपचार पेटी तैयार करना * एक नेतृत्व कर्ता के रूप में अपनी भूमिका पर एक अनुच्छेद लिखें। <p>https://epathshala.nic.in/topicc.php?id=0331CH10</p>	<ul style="list-style-type: none"> ● लैट ● अधूरी कविता को आगे बढ़ाकर पूरा करना । ● तुकांत शब्द कार्यपत्रिका ● पद्यांश कार्यपत्रिका
			11.जादुई पिटारा	<p style="text-align: center;">जादुई पिटारा</p> <p>शिक्षण सहायक सामग्री -</p> <ul style="list-style-type: none"> * विद्यालय में स्थित जादुई पिटारे का प्रदर्शन । * अध्यापक के कार्य में प्रयुक्त सामग्री के लिए बने किसी बॉक्स (जादुई पिटारे) का प्रदर्शन । <p>कठिन शब्दों के फ्लैश कार्ड्स ।</p> <p>नवाचार शिक्षण विधियाँ-</p> <ul style="list-style-type: none"> * जानवरों के पुतले बनाना । * कठपुतली बनाना। * अपना स्वयं का एक जादुई पिटारा तैयार करना । <p>https://epathshala.nic.in/topicc.php?id=0331CH11</p>	<ul style="list-style-type: none"> ● लैट ● अधूरी कविता को आगे बढ़ाकर पूरा करना । ● तुकांत शब्द कार्यपत्रिका ● पद्यांश कार्यपत्रिका

8	दिसंबर	18	<p>14.किसान की होशियारी</p>	<p style="text-align: center;"><u>किसान की होशियारी</u></p> <p>शिक्षण सहायक सामग्री - *भूमि के नीचे , पत्ते के रूप में , फल के रूप में और फली के रूप में उगने वाली सब्जियों का चार्ट । * किसानी में प्रयोग होने वाले उपकरणों के चित्र। * पौधारोपण और उसके बड़े होने के प्रक्रिया का चार्ट।</p> <p>शिक्षण विधियाँ- *मुहावरों का खेल (आपस में बातचीत मुहावरों के प्रयोग से) *भिन्न-भिन्न जीवों के प्रिय भोजन खोजो। * वृक्षारोपण गतिविधि । https://epathshala.nic.in/topicc.php?id=0331CH14</p> <p style="text-align: center;"><u>भारत</u></p> <p>शिक्षण सहायक सामग्री - *भारत का नक्शा । *चित्र कार्ड - राष्ट्रीय प्रतीक, तिरंगा, राष्ट्रीय पशु, राष्ट्रीय पक्षी आदि के चित्र । * ग्लोब ।</p> <p>15. भारत</p> <p>शिक्षण विधियाँ- *मुकुट बनाना। *भारत का नक्शा बनाना व उस पर राज्यों और संघ शासित प्रदेशों को दर्शाना। * भारत की विशेषताओं पर 10 वाक्य लिखकर लाना । https://epathshala.nic.in/topicc.php?id=0331CH15</p>	<ul style="list-style-type: none"> ● लैट ● बहुविकल्पीय प्रश्न ● पठन कौशल का मूल्यांकन ● गद्यांश कार्यपत्रिका <ul style="list-style-type: none"> ● लैट ● अधूरी कविता को आगे बढ़ाकर पूरा करना । ● तुकांत शब्द कार्यपत्रिका ● पद्यांश कार्यपत्रिका
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				पुनरावृत्ति	द्वितीय आवधिक परीक्षा
9	जनवरी	22	16. चंद्रयान	<p style="text-align: center;">चंद्रयान</p> <p>शिक्षण सहायक सामग्री -</p> <ul style="list-style-type: none"> * चंद्रयान का चित्र * चंद्रयान मॉडल। * वीडियो द्वारा चंद्रयान की जानकारी देना । * पर्यायवाची कार्ड्स । <p>शिक्षण विधियाँ-</p> <ul style="list-style-type: none"> * चंद्रयान का मॉडल तैयार करें। * चाँद पर जाने वाले व्यक्तियों के नाम व चित्र खोजकर लाएं। <p style="text-align: center;">https://epathshala.nic.in/topicc.php?id=0331CH16</p>	<p style="text-align: center;">द्वितीय आवधिक परीक्षा</p> <ul style="list-style-type: none"> ● लैट ● अध्याय से जुड़े कुछ वाक्य बनाना, <p>अपने शब्दों में कहानी कथन</p>
9	जनवरी		17.बोलने वाली माँद	<p style="text-align: center;">बोलने वाली माँद</p> <p>शिक्षण सहायक सामग्री -</p> <ul style="list-style-type: none"> * कहानी के पात्रों के चित्र या मुखौटे। * कहानी का नाटकीय रूपान्तरण। * विभिन्न जानवरों के चित्र या खिलौने। <p>शिक्षण विधियाँ-</p> <ul style="list-style-type: none"> * सियार और शेर का मुखौटा बनाना। * विभिन्न जानवरों के पदचिन्ह बनाना। * आवाजों का खेल - विद्यार्थी विभिन्न जीवों की आवाज निकालकर बताएंगे । <p style="text-align: center;">https://epathshala.nic.in/topicc.php?id=0331CH17</p>	<ul style="list-style-type: none"> ● लैट ● अध्याय से जुड़े कुछ वाक्य बनाना, ● अपने शब्दों में कहानी कथन

10	फरवरी	23	18.हम अनेक किन्तु एक हिन्द देश के निवासी (पठन हेतु)	<p style="text-align: center;">हम अनेक किन्तु एक</p> <p>शिक्षण सहायक सामग्री -</p> <p>*राज्यों को प्रदर्शित करता मानचित्र।</p> <p>*विभिन्न राज्यों में बोली जाने वाली भाषाओं और खाए जाने वाले मुख्य भोजन का चार्ट ।</p> <p>शिक्षण विधियाँ-</p> <p>*विद्यार्थी अपने राज्यों के परिधान पहनकर व अपने राज्य का प्रमुख भोजन लेकर आयेंगे।</p> <p>*अपनी मातृभाषा में अभिवादन और अपना परिचय देना ।</p> <p>https://epathshala.nic.in/topicc.php?id=0331CH18</p>	<ul style="list-style-type: none"> ● लैट ● मौखिक मूल्यांकन ● नैतिक मूल्य लेखन
11	मार्च		वार्षिक परीक्षा	पुनरावृत्ति	

ENGLISH

Sr.No	Month	Working days	Name of the Chapter/ Topic to be covered	Teaching Aids / E-Content Link / Innovative Practices to be Adopted	Assessment / Test / Examination to be Conducted
1	April- May	24	<u>Colours</u>	<p>Teaching Aids</p> <ul style="list-style-type: none"> ➤ Cards showing different colours (red, blue, yellow, green, etc.). ➤ Students identify and name the colours. ➤ Story sequence cards, Chart papers ➤ Smart board- ppt slides. ➤ A large chart showing the rainbow colours. ➤ Short videos about colours and colour mixing. ➤ Matching colours, colouring pictures, or identifying objects <p style="text-align: center;"><i>Innovative Practices</i></p> <p>Helps students learn primary and secondary colours. Shows how colours mix together. Demonstrates red + yellow = orange, blue + yellow = green, etc.</p> <p style="text-align: center;">Colour Mixing Activity 🌀</p> <ul style="list-style-type: none"> ➤ Give students red, blue, and yellow paints. ➤ Ask them to mix colours and discover new ones. <p style="text-align: center;">Colour Sorting Game</p> <p>Provide coloured objects and ask students to group them by colour.</p> <p>https://drive.google.com/file/d/13PWZdAGoWEB0eu0JD8US9vqJqTT8iiDZ/view?usp=sharing</p> <p>https://drive.google.com/file/d/1OLU5Wa3dL2gsjLlp3wRcd579ZH_ZVm6O/view?usp=sharing</p>	<ul style="list-style-type: none"> ➤ Short comprehension, ➤ Worksheet ➤ Speaking Activity ➤ Writing a short note on favourite colour. ➤ Intonation of voice-dialogue delivery during role play. ➤ MCQs ➤ Story retelling in student's own words. <p>LAT, PT-1, DICTATION</p>

2	June	7	<u>Badal and Moti</u>	<p>Teaching Aids</p> <ul style="list-style-type: none"> ➤ Pictures of Badal (boy) and Moti (dog). ➤ Helps students visualize the characters in the story. ➤ Story Chart / Posters Short Video / Audio Story ➤ A simple animated story or audio narration for better understanding. ➤ Activities like matching characters, sequencing events, or colouring animals. ➤ Charts showing important scenes from the story. ➤ Helps students understand the sequence of events. <p>Puppets</p> <ul style="list-style-type: none"> • Hand puppets of ANIMALS • Used to act out the story in class. <p>Innovative Practices</p> <ul style="list-style-type: none"> ➤ Role play showing the scooter journey, traffic safety ➤ Awareness discussion, story sequencing activity, draw and describe your ➤ Favourite vehicle <p>Animal Sound Game</p> <ul style="list-style-type: none"> ➤ Teacher plays or imitates animal sounds, and students guess the animal. <p>https://drive.google.com/file/d/13X00zuq-IUud6_MFvyoyxOjGbIF7pyXs/view?usp=sharing</p> <p>https://drive.google.com/file/d/1OMk3U7gzKzbxvk3VqiR8CioQoBMjy7p8/view?usp=sharing</p>	<p>Assessment –</p> <ul style="list-style-type: none"> •Comprehension worksheet, •vocabulary test from the lesson, •Group storytelling activity, • MCQs, •write five sentences about a favourite animal <p>Group discussion</p> <p>LAT , DICTATION</p> <p>PT-1</p>
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3	July	26	<p><u>Best Friends</u></p>	<p>Teaching Aids</p> <ul style="list-style-type: none"> ➤ Puppets of the characters from the story to explain the lesson through role play. ➤ Short Video or Animation-A short animated video about friendship to help students understand the theme. ➤ Helps students understand the concept of friendship. <p>Innovative Practices –</p> <ul style="list-style-type: none"> ➤ Friendship Tree Activity ➤ Students write qualities of a good friend on paper leaves and paste them on a tree chart. ➤ Group Discussion ➤ What makes someone a good friend? ➤ How can we help our friends? ➤ Pair Activity (My Best Friend) ➤ Students talk about their best friend and why they like them. <p>https://drive.google.com/file/d/1EMXHJLLM5ebKahzryKmQE-xfwuhIAkBW/view?usp=sharing</p> <p>https://drive.google.com/file/d/1OgGz_UT90qMCKJ4kaCRqah_YqaQUG_YF/view?usp=sharing</p> <p style="text-align: center;">PT 1</p>	<p>Assessment –</p> <ul style="list-style-type: none"> • worksheet on rhyming words, evaluation • short comprehension worksheet, MCQ questions, write three sentences about friends <p>LAT , PT-1, DICTATION</p>
			<p><u>Out in the Garden</u></p>	<ul style="list-style-type: none"> ➤ Pictures of flowers, butterflies, bees, trees, and insects found in a garden. ➤ A colourful chart showing different plants, flowers, and animals in a garden. ➤ Leaves, flowers, seeds, or small plants brought to the classroom. 	<p>Assessment –</p> <ul style="list-style-type: none"> • Poem recitation evaluation, worksheet on rhyming words, • short comprehension worksheet, MCQ questions,

				<ul style="list-style-type: none"> ➤ Flash Cards-Words related to the garden such as plant, flower, butterfly, bee, leaf, soil. ➤ Short Video or Slide Show-A simple video showing a garden and the living things in it. <p><i>Innovative Teaching Practices</i></p> <ul style="list-style-type: none"> ➤ Outdoor Learning Activity-Take students to the school garden or nearby park to observe plants and insects. ➤ Nature Walk-Students identify different flowers, leaves, and small animals in the garden. ➤ Drawing and Colouring Activity -Students draw their own garden scene with plants and animals. ➤ Role Play Activity ➤ Students act as flowers, butterflies, bees, or gardeners. ➤ Planting Activity ➤ Students plant a seed in a pot and observe its growth. <p>https://drive.google.com/file/d/1EO5oEsKmB3_KhyMIJovZJBFAFdkXgCH8/view?usp=sharing</p> <p>https://drive.google.com/file/d/1OoOMU8wS8Vg4VDz1HZqMrdljkHDh1s6k/view?usp=sharing</p>	<ul style="list-style-type: none"> •write three sentences about garden <p>LAT , PT-1, DICTATION</p>
4	August	23	<u>Talking toys</u>	<p>Teaching Aids –</p> <ul style="list-style-type: none"> ○ Real Toys ➤ Bring different toys like dolls, teddy bears, cars, robots, and balls to the classroom. ○ Picture Cards ➤ Hand puppets to act out the story of talking toy 	<p>Assessment –</p> <ul style="list-style-type: none"> •Write the moral of the story •Comprehension worksheet •MCQ test •Oral question–answer session •Story retelling in own words.

				<ul style="list-style-type: none"> ➤ Picture story, chart papers, flashcards showing characters, smart board slides ➤ Flashcards showing characters ➤ Smart board slides <p style="text-align: center;"><i>Innovative Practices</i></p> <ul style="list-style-type: none"> ➤ Toy Conversation Activity ➤ Students imagine what toys would say if they could talk. ➤ 5. Drawing and Colouring Activity 😊 ➤ Students draw and colour their favourite toy. ➤ Group Discussion ➤ Creative Writing Activity <p>Students write 2–3 sentences about their favourite toy.</p> <p>https://drive.google.com/file/d/1EP8uuANHtBzez9Oggt3xTWqJvMew6EtJ/view?usp=sharing</p> <p>https://www.youtube.com/watch?v=y_vBl0j6Nfs</p>	LAT , DICTATION
5	September	24	<u>Paper Boats</u>	<p>Teaching Aids –</p> <ul style="list-style-type: none"> ➤ Real Paper Boats-Teacher shows paper boats made from paper to students. ➤ Flash Cards-Words related to the chapter such as boat, river, rain, water, sail, paper. ➤ Pictures-Pictures of boats floating in water, rainy scenes, and children playing with paper boats. ➤ Short Video-A simple video showing how to make a paper boat. ➤ Origami Materials-Colourful papers for students to make their own boats. 	<p>Assessment –</p> <ul style="list-style-type: none"> • Write ways to save water, comprehension worksheet, Objects that sink or float •MCQ • Short paragraph writing. <p>LAT , DICTATION (Half Yearly Examination)</p>

				<ul style="list-style-type: none"> ➤ Activities like colouring boats, matching words with pictures, <p style="text-align: center;"><i>Innovative Practices</i></p> <ul style="list-style-type: none"> ➤ Water Floating Experiment-Place paper boats in a bowl of water to see how they float. ➤ Storytelling Method -Teacher narrates the story of children making and sailing paper boats. ➤ Drawing and Colouring Activity ➤ Students draw a rainy day scene with paper boats. ➤ Role Play Activity 🙋 ➤ Students act as children playing with paper boats in the rain. ➤ Group Discussion ➤ Outdoor Activity -Students can float their boats in a small tub of water or puddle (under supervision) <p>https://drive.google.com/file/d/1EZmTfT8iJ0mY_2OI-l-P_2RWJSOGpV8C/view?usp=sharing</p> <p>https://drive.google.com/file/d/1OxSVHhcvrYrtxJrnG5NmbWJbXbz1AWpH/view?usp=sharing</p>	
				REVISION HALF YEARLY EXAM	
6	October	16	<u>The Big Laddoo</u>	<p style="text-align: center;">Teaching Aids –</p> <ul style="list-style-type: none"> ➤ Real Model Laddoo-Show a real laddoo or a picture/model of a laddoo to attract students attention. ➤ Picture Cards- Pictures related to the story such as laddoo, children, sharing food, sweets. 	<p>Assessment –</p> <p>Types of food categories</p> <ul style="list-style-type: none"> • , comprehension worksheet, • poster presentation, <p>MCQ questions,</p>

				<ul style="list-style-type: none"> ➤ Flash Cards-Important words from the chapter like sweet, share, big, happy, friends. ➤ Story Chart / Poster- A chart showing the main events of the story. <p>In <i>Innovative Practices</i></p> <ul style="list-style-type: none"> ➤ Storytelling Method- Teacher narrates the story with expressions to make it interesting. ➤ Role Play Activity -Students act out scenes from the story, pretending to share the big laddoo. ➤ Sharing Activity -Teacher brings small sweets and explains the importance of sharing. ➤ Drawing and Colouring Activity -Students draw and colour a big laddoo or their favourite sweet. ➤ Moral Value Discussion-Explain the values of sharing, kindness, and friendship. <p>https://drive.google.com/file/d/1Ec7rwzab1YUUjjvy6COtqRD1XzoI6u3H/view?usp=sharing</p> <p>https://drive.google.com/file/d/1OxbZQWtQKUv4-1sc3mPKPPyhWBQ7BpVb/view?usp=sharing</p>	<ul style="list-style-type: none"> • short paragraph creative writing. <p>LAT , PT-2, DICTATION</p>
7	November	23	<u>Thank God</u>	<p>Teaching Aids –</p> <ul style="list-style-type: none"> ➤ Pictures showing people praying, helping others, or showing gratitude. ➤ Flash Cards-Important words such as thankful, grateful, kindness, help, blessings. ➤ Story Chart / Poster-A chart showing the main events or message of the story. 	<p>Assessment–</p> <ul style="list-style-type: none"> • Paragraph writing on gratefulness towards nature and farmer, vocabulary worksheet, • Oral discussion activity, <p>MCQ</p> <p>Story retelling</p>

				<ul style="list-style-type: none"> ➤ Short Video / Animation-A small video about gratitude and saying thank you. ➤ Blackboard Drawings-Teacher can draw simple scenes related to people thanking God or helping others. <p><i>Innovative Teaching Practices</i></p> <ul style="list-style-type: none"> ➤ Storytelling Method -Teacher narrates the story with expressions to keep students engaged. ➤ Gratitude Activity- Students say “thank you” for things they are grateful for (family, food, friends, nature). ➤ Role Play Activity-Students act out situations where they help others and say thank you. ➤ Thank You Card Activity-Students make a thank-you card for parents, teachers, or friends. ➤ Group Discussion- Why should we say thank you? What are we thankful for? <p>https://drive.google.com/file/d/1EdhYpqzNMB-9tBorPzOIkI09WlWam95D/view?usp=sharing</p> <p>https://drive.google.com/file/d/1P-fSRp0rhoXceQzzynjFiBGAlxG7g0SO/view?usp=sharing</p>	LAT , PT-2, DICTATION
8	December	18	<u>Madhu’s Wish</u>	<p>Teaching Aids –</p> <ul style="list-style-type: none"> ➤ Pictures of Madhu, family members, and scenes related to wishes or dreams. ➤ Flash Cards-Important words from the chapter such as wish, dream, hope, happy, family. ➤ Story Chart / Poster- A chart showing the main events of the story in sequence. 	<p>Assessment–</p> <ul style="list-style-type: none"> •Case study (mind mapping) Discussion, comprehension worksheet, • MCQ activity sheets •Oral questioning session,

				<ul style="list-style-type: none"> ➤ Short Video / Slide Show-A small animation or slide show explaining the story theme <p style="text-align: center;"><i>Innovative Practices</i></p> <ul style="list-style-type: none"> ➤ Drawing Activity -Students draw a picture of their dream or wish. ➤ Storytelling /summarising activity ➤ Role Play Activity - characters and perform the story. ➤ “My Wish” Activity <p>https://drive.google.com/file/d/1Ets4eeY1r_VUzQdnNymNglr3jOyDsTJ2/view?usp=sharing</p> <p>https://www.youtube.com/watch?v=JpaEnY8LFZc</p>	<ul style="list-style-type: none"> • Write the moral or message of the story. <p>LAT , PT-2, DICTATION</p>
9	January	22	<u>Night</u>	<p style="text-align: center;">Teaching Aids</p> <ul style="list-style-type: none"> ➤ Picture Cards- Pictures of the moon, stars, planets, and night sky. Sky Chart / Poster ➤ A chart showing stars, constellations, and phases of the moon. ➤ Flash Cards-Words related to the chapter such as sky, moon, stars, night, twinkle. ➤ Globe or Solar System Model- Helps students understand Earth, Moon, and stars. <p style="text-align: center;"><i>Innovative Practices</i></p> <ul style="list-style-type: none"> ➤ Observation Activity ➤ Ask students to observe the sky at night and share what they see. ➤ Role Play Activity ➤ Students act as stars, moon, or clouds. ➤ Drawing and Colouring Activity 	<p style="text-align: center;">Assessment</p> <ul style="list-style-type: none"> •Vocabulary matching worksheet, • MCQ questions, •Poem recitation <p>LAT , DICTATION</p>

			<ul style="list-style-type: none"> ➤ Students draw a beautiful night sky with stars and the moon. ➤ Students make stars using coloured paper or glitter. <p>https://drive.google.com/file/d/1Ev7T6jmulicNd9s2Y7avcMXWH5k6A15b/view?usp=sharing</p> <p>https://drive.google.com/file/d/1PBLva3KTwBSXPBOBR-ftZpiQLOqN-PDD/view?usp=sharing</p> <p style="text-align: center;">PT 2</p>	
		<p><u>Chanda Mama</u> <u>Counts the Stars</u></p>	<p>Short Video / Animation</p> <ul style="list-style-type: none"> ➤ A simple video showing the night sky and stars. ➤ Blackboard Drawings ➤ Teacher can draw the moon, stars, and clouds on the board while explaining. ➤ Real Observation ➤ Students observe the sky during the day and night. ➤ Craft Materials-Use cotton for clouds, yellow paper for sun, silver paper for stars to make sky models. ➤ Activities like colouring the night sky, matching pictures, or filling blanks. <p style="text-align: center;"><i>Innovative Practices</i></p> <ul style="list-style-type: none"> ➤ Storytelling Method ➤ Teacher tells a story about stars and the moon. ➤ Night Sky Project ➤ Students create a small chart showing stars and the moon. 	<p>Assessment</p> <p>Short Quiz</p> <p>Match the Following</p> <p>Picture Identification-</p> <p>Show pictures of moon, stars, clouds, and sun</p> <p>Activity sheets</p> <p>worksheets</p>

				https://drive.google.com/file/d/1EyQjTe54tIN_I_ZymDVg8z5lCJveJ0nw/view?usp=sharing https://www.youtube.com/watch?v=f5IqVcBhrGA	
10	February	23	<u>Chandrayaan</u>	<p>Teaching Aids</p> <ul style="list-style-type: none"> ➤ Pictures and Charts ➤ Pictures of the Moon, rockets, and Chandrayaan spacecraft. ➤ Model of Rocket or Spacecraft ➤ A simple model made from paper or cardboard to explain how rockets go to space. ➤ Globe and Moon Model ➤ Helps students understand the ➤ Earth–Moon relationship. ➤ Short Video / Animation ➤ A simple video showing how Chandrayaan reached the Moon. ➤ Space Poster / Solar System Chart ➤ Shows planets and the position of the Moon near Earth. ➤ Video-Based Learning ➤ Show a short rocket launch or Moon mission video <p style="text-align: center;"><i>Innovative Practices</i></p> <ul style="list-style-type: none"> ➤ Storytelling Method -Teacher tells the story of India sending Chandrayaan to the Moon. ➤ Role Play Activity -Students act as scientists, astronauts, or rocket engineers. 	<p>Assessment–</p> <ul style="list-style-type: none"> ➤ Picture Identification- ➤ Identify rocket, moon, and spacecraft from pictures ➤ Character description creative writing ➤ Comprehension worksheet, ➤ MCQ questions, ➤ Facts finding <p>(Final Examination) LAT , DICTATION</p>

			<ul style="list-style-type: none"> ➤ Rocket Craft Activity -Students make a rocket using paper or recycled materials. ➤ Space Imagination Activity -Ask students to imagine what they would see on the Moon. ➤ Group Discussion-Why do scientists explore space? ➤ Space Corner in Classroom ➤ Create a small display with space pictures, models, and charts <p>https://drive.google.com/file/d/1EykrpLDaQTdPgCmLYVuXi8EAqh_9G5mp/view?usp=sharing</p> <p>https://drive.google.com/file/d/1PHmj66yvyJdj39Qp2_bUPa6YrghiHG_7/view?usp=sharing</p> <p style="text-align: center;"><u>REVISION</u></p>	
11	March		SESSION ENDING EXAMINATION	

MATHS

S.No	Month	No. of working days	Name of the chapter/topic to be covered	Teaching Aids / E-Content Link / Innovative Practices to be Adopted	Assessment / Test / Examination to be Conducted
1	April/May	24	1.What's in a name?	As per NEP Innovative Teaching practices : Integration with ARTS Make a chart with your names Integration with PE Name game (Golaap- togor) Teaching aids-Sticks, Name slips, number cards & picture cards from JADUI PITARA econtent - https://www.youtube.com/watch?v=-GFqA9Z9Ce8&list=PLUgLcpnv1YidlEmBM3X3ZhdTA2tnN-l89&index=27	LAT WORKSHEET ORAL ASSESSMENT
2	June	7	2.Toy Joy	As per NEP Innovative Teaching practices : Integration with ARTS Mask making shapes making Integration with PE Let's play page no. 12-13 Jump on shapes Teaching aids- 2D and 3D shapes Cardboard for mask making, toys, Classroom objects., feely bag from JADUI PITARA, Blocks, Rangometry shapes e-content- https://www.youtube.com/watch?v=B0Z17UFjmFE&list=PLUgLcpnv1YidlEmBM3X3ZhdTA2tnN-l89&index=26	LAT WORKSHEET MODEL BASED ASSESSMENT

			6. House of Hundreds 1	<p>EContent- https://www.youtube.com/watch?v=xfv8mmsbtYw&list=PLUgLcpnv1YidlEmBM3X3ZhdTA2tnN-l89&index=23</p> <p>House of Hundreds 1</p> <p>As per NEP Innovative Teaching practices : Integration with ARTS Making number slider Integration with PE Jumping on numbers (outdoor), Let’s play the market game Teaching aids- Beads, Seeds, Dummy currency, Abacus, Dienes blocks (base 10 blocks), Intelligent sticks</p> <p>EContent- https://www.youtube.com/watch?v=hqUkfBLpl_s&list=PLUgLcpnv1YidlEmBM3X3ZhdTA2tnN-l89&index=22</p>	<p>WORKSHEET</p> <p>NUMBER SLIDER ASSESSMENT</p> <p>PLAY BASED ASSESSMENT</p>
5	September	24	7. Raksha Bandhan	<p>As per NEP Innovative Teaching practices : Integration with ARTS Rakhi making (Celebration of Raksha Bandhan) Integration with PE- Jump on numbers, Skip jump with equal steps Teaching aids-measuring tape, Real life things , Rakhi</p> <p>E-Content- https://www.youtube.com/watch?v=H87v1aueNTI&list=PLUgLcpnv1YidlEmBM3X3ZhdTA2tnN-l89&index=21</p>	<p>Half Yearly Exam</p> <p>WORKSHEET</p> <p>ESTIMATION ASSESSMENT</p>
			Revision	<p>HALF YEARLY EXAM</p>	
6	October	16	8. Fair Share	<p>As per NEP Innovative Teaching practices : Integration with ARTS Dramatization of the story- Clever monkey (JADUI PITARA) Integration with PE-Playing with marbles Teaching aids-Origami sheets, 2D , 3D shapes, Shape</p>	<p>LAT</p> <p>WORKSHEET</p> <p>ORAL</p>

			9. House of Hundreds 2 (contd..)	<p>box , Rangometry</p> <p>EContent- https://www.youtube.com/watch?v=-JL-NB-ldNk&list=PLUgLcpnv1YidlEmBM3X3ZhdTA2tnN-l89&index=20</p> <p>House of Hundreds 2 As per NEP Innovative Teaching practices : Integration with ARTS Dramatization of story Akbar –Birbal Integration with PE Tambola, Bingo game, Number games Teaching aids- Number cards, Tambola, Picture cards from JADUI PITARA</p> <p>EContent- https://www.youtube.com/watch?v=dKTmXOvX-cM&list=PLUgLcpnv1YidlEmBM3X3ZhdTA2tnN-l89&index=19</p>	PEER ASSESSMENT WORKSHEET ACTIVITY PERFORMANCE ASSESSMENT OBSERVATION
7	November	23	9. House of Hundreds 2 (contd....) 10.Fun at class party	<p>Fun at class party As per NEP Innovative Teaching practices : Integration with ART Making Measuring tools, Birthday Celebration , Class decoration</p> <p>Integration with PE Long jump , high jump Teaching aids- Decoration String, Thread, Scale , Measuring Tape</p> <p>EContent- https://www.youtube.com/watch?v=HnfG79moyVE&list=PLUgLcpnv1YidlEmBM3X3ZhdTA2tnN-l89&index=18</p>	LAT WORKSHEET QUIZ FILLING NUMBERS IN THE HUNDRED CHART ASSESSMENT
8	December	18	11. Filling and Lifting.	<p>As per NEP Innovative Teaching practices : Integration with ARTS Making of Pan Balance and other measuring Tools Culinary art (making any juice)</p>	LAT WORKSHEET

				<p>Integration with PE See –saw Teaching aids-Disposal glass, cups, Spoon , bottle, jug, Pan balance with weight EContent- https://www.youtube.com/watch?v=d4ad2h9XBR4&list=PLUgLcpnv1YidlEmBM3X3ZhdTA2tnN-l89&index=17</p>	<p>ESTIMATION TASK USE OF WEIGHT BALANCE</p>
9	January	22	12. Give and Take	<p>Give and take As per NEP Innovative Teaching practices : Integration with ARTS Role play of shopkeeper and consumer Integration with PE- Play with dienes block Teaching aids- Dummy Currency, Classroom objects, Dienes block EContent- https://www.youtube.com/watch?v=dTZ2raBTIEA&list=PLUgLcpnv1YidlEmBM3X3ZhdTA2tnN-l89&index=16</p>	<p>Periodic Test 2 ROLE PLAY WORKSHEET PLAY BASED ACTIVITY</p>
10	February	23	13. Time goes on	<p>As per NEP Innovative Teaching practices : Integration with ARTS Making of Dummy Clocks , Sand Clocks and Calendar Integration with PE- Calendar game Teaching aids-Calendar, Clock, Digital clock, Birth certificate EContent- https://www.youtube.com/watch?v=eyoad9-oSkQ&list=PLUgLcpnv1YidlEmBM3X3ZhdTA2tnN-l89&index=15</p>	<p>LAT WORKSHEET PROJECT BASED ASSESSMENT</p>
			14. The Surajkund Fair	<p>The Surajkund Fair As per NEP Innovative Teaching practices :</p>	<p>WORKSHEET MASK MAKING ASSESSMENT</p>

			REVISION	<p>Integration with ARTS Making Appan, Kolam, Dance, Drawing, Visiting to any fair</p> <p>Integration with PE- Games we play in fair Teaching aids- Mala, Thread, A4 sheets for mask making, Route puzzle E Content- https://www.youtube.com/watch?v=Mb11fO7Tcu8&list=PLUgLcpnv1YidlEmBM3X3ZhdTA2tnN-189&index=14</p>	ROUTE PUZZLE ASSESSMENT
11	March		REVISION SESSION ENDING EXAM		

TWAU

S.No.	Month	No. of working days	Name of the chapter/topic to be covered	Teaching Aids / E-Content Link / Innovative Practices to be Adopted	Assessment / Test / Examination to be Conducted
1	APRIL	24	FAMILY AND FRIENDS	<p>AS per NEP</p> <p>Integration with Art</p> <ul style="list-style-type: none"> ● Performing Art: Role play on Family ● Make a friendship band ● Make a family tree <p>Integration with PE</p> <ul style="list-style-type: none"> ● Play different outdoor game with your friends <p>Integration with Language</p> <ul style="list-style-type: none"> ● Gratitude letter for family <p>E-content –</p> <p>E Jaadui Pitara (Katha sakhi)</p> <p>https://youtu.be/zOajmClpUAW?si=aYWrqgVgj07ucKt7</p> <p>https://youtu.be/AQKSJB44YE?si=p_cx9cXjq-wx93MC</p> <p>Teaching aid – Puppets, Chart of Types of family, mask of different family members.</p>	<ul style="list-style-type: none"> ● LAT ● MCQ Question worksheet ● Participation, engagement and understanding of family roles during role play. ● Family tree review: Difference between joint family and nuclear family.

2	JUNE	07	GOING TO THE MELA	<p>AS per NEP</p> <p>Integration with Art</p> <ul style="list-style-type: none"> Organise a mock mela <p>Integration with PE</p> <ul style="list-style-type: none"> Hit the target, balloon dart and ring toss etc. <p>Integration with Language</p> <ul style="list-style-type: none"> Story chain (on Mela) <p>Integration with Maths</p> <ul style="list-style-type: none"> 'The Surajkund Fair' Make rangoli with different shapes Buying and selling process <p>Integration with Social Science</p> <ul style="list-style-type: none"> Mela mapping of different states on map of India <p>E-content –</p> <p>https://youtu.be/IaXugttJOvo?si=b4WhLJ0jnfMPve98</p> <p>Teaching aid- Map of India, required material for stalls in mela</p>	<ul style="list-style-type: none"> LAT Map activity review on locating states Oral description check: Assessing vocabulary, comprehension and description of mela. Participation during group activity (mock mela) Creative expression- draw and write about your favourite meal activity.
3	JULY	26	CELEBRATING FESTIVALS	<p>AS per NEP</p> <p>Integration with Art</p> <ul style="list-style-type: none"> Make poster on favourite festival Fancy dress Folk music and dance Rakhi making and diya decoration <p>Integration with Language</p> <ul style="list-style-type: none"> Folk stories related to festivals <p>Integration with Social Science</p>	<ul style="list-style-type: none"> LAT MCQ Questions Write five sentences on their favourite festival. Worksheet on National Festivals. Story telling activity Revision PERIODIC TEST – I

				<ul style="list-style-type: none"> ● Community lunch <p>E- Content</p> <ul style="list-style-type: none"> ● https://www.youtube.com/live/BrZWwBXQYAE?si=pTfLsLibW0kTMMmw ● https://youtu.be/u-S62-uifv4?si=uQ60c8og4Xf_NUty <p>Teaching Aid – Diya, Kite, Colours, Paper, Flash Card of festival.</p>	
4	AUGUST	23	GETTING TO KNOW PLANTS	<p>As per NEP</p> <p>Integration with Art</p> <ul style="list-style-type: none"> ● Nature collage using leaves, twigs and flowers. ● Leaf Painting ● Make animals with fallen leaves & flowers. <p>Integration with PE</p> <ul style="list-style-type: none"> ● Plant relay race. ● Blind fold activity – identify the fruit/vegetable by its smell. <p>Integration with Language</p> <ul style="list-style-type: none"> ● Plant vocabulary Game (Make word card of plant parts) <p>Integration with Maths</p> <ul style="list-style-type: none"> ● Counting and measuring activity – count leaves and measure the height of a plant (visiting of garden) <p>E – Content</p> <ul style="list-style-type: none"> ● https://youtu.be/--mIEJUJZc?si=t40KqTlnh0qjebts ● https://youtu.be/eXpimSzDU7Q?si=x7DJHAdjScdavRx <p>Teaching Aid</p> <ul style="list-style-type: none"> ● Chart of plants, flash card of parts of plant, picture of plants, ruler, fruits and vegetables. 	<ul style="list-style-type: none"> ● LAT ● Label the parts of plants. ● Worksheet – 1 ● Sorting of herbs, grasses, climbers, creepers, shrubs and trees.

			<p>PLANTS AND ANIMALS LIVE TOGETHER</p> <p>As per NEP Integration with Art</p> <ul style="list-style-type: none"> ● Make a mask of any bird or animal. ● Draw a food chain Diagram. <p>Integration with PE</p> <ul style="list-style-type: none"> ● Rabbit Race ● Monkey in the middle (Khel Yoga) <p>Integration with Language</p> <ul style="list-style-type: none"> ● Make a story using hints (Birds, help, food, animals, trees, stones etc.) <p>E – Content</p> <ul style="list-style-type: none"> ● https://youtu.be/dda6h8iK0fk?si=FYbBAEnci9SDQq24 ● https://youtu.be/-A8GBNBz7eM?si=pd6nJsnsNouhZ-nR <p>Teaching Aid</p> <ul style="list-style-type: none"> ● Food chain card, picture of animals and their habitats, finger puppet of animals. 	<ul style="list-style-type: none"> ● LAT ● Picture identification ● Soil exploration – collect and examine (texture, colour and smell) ● Worksheet on animals and their habitats. ● Arrange the card of the food chain.
5	SEPTEMBER	24	<p>LIVING IN HARMONY</p> <p>As per NEP Integration with Art</p> <ul style="list-style-type: none"> ● Patriotic Song. ● Harmony tree activity <p>Integration with PE</p> <ul style="list-style-type: none"> ● Guess who I am. <p>Integration with Language</p> <ul style="list-style-type: none"> ● Story telling (The Thirsty crow) ● Plant friend Activity. Choose a plant to befriend and write about it. <p>E – Content</p> <ul style="list-style-type: none"> ● https://youtu.be/DrsPvDqK0k?si=GG1RQEC-1SGM2zOr <p>Teaching Aid</p> <ul style="list-style-type: none"> ● Harmony Tree (chart) 	<ul style="list-style-type: none"> ● LAT ● Draw and name animals, birds and insects that have 2 legs, 4 legs, 8 legs and 6 legs. ● Oral assessment – Tell how we can live in harmony. ● Pick one harmony value and make sentences on it.

REVISION

HALF YEARLY EXAM

6	OCTOBER	16	WATER - OF PRECIOUS GIFT	<p>As per NEP</p> <p>Integration with Art</p> <ul style="list-style-type: none"> ● Create a bird bath to provide water to birds. ● Make a poster on water pollution. ● Any poem or song on rain. <p>Integration with PE</p> <ul style="list-style-type: none"> ● Water drop card Hunt. <p>Integration with Language</p> <ul style="list-style-type: none"> ● Make a list of all the activities in which we need water. <p>Integration with Maths</p> <ul style="list-style-type: none"> ● Measure how much cups of water we need to fill the bucket. <p>E – Content</p> <ul style="list-style-type: none"> ● https://youtu.be/5GZrFgiwnTk?si=4Vdbn6BMNWQz6mcl ● https://youtu.be/M8ggGWKNNME?si=6MhyYyi6ukXxetUl <p>Teaching Aid</p> <ul style="list-style-type: none"> ● Bowl, stone, cup, bucket, flash card of water sources. 	<ul style="list-style-type: none"> ● LAT ● Make a list of water conservation. ● Write the reasons of water pollution. ● MCQ Question. ● Worksheet
7	NOVEMBER	23	FOOD WE EAT	<p>As per NEP</p> <p>Integration with Art</p> <ul style="list-style-type: none"> ● Prepare a fruit chaat or salad with the help of your teacher. ● Prepare lime water. ● My healthy plate Drawing. <p>Integration with PE</p>	<ul style="list-style-type: none"> ● LAT ● Quiz Assessment on food habits ● MCQ on balanced Diet ● Observing students’ creation making healthy plates.

				<ul style="list-style-type: none"> ● Food basket relay. ● Lemon Race. <p>Integration with Language</p> <ul style="list-style-type: none"> ● Write the recipe of your favourite dish and its nutritional value. <p>E – Content</p> <ul style="list-style-type: none"> ● https://youtu.be/A4sCdcJobP4?si=ZfV0gvt-dynsJHW8 ● https://youtu.be/sKYVumi9Fu4?si=tkud7cfltiEwiqvb <p>Teaching Aid</p> <ul style="list-style-type: none"> ● Food items for chaat and lime water, Balanced Diet pyramid, utensils used for cooking (Jaadui Pitara) 	<ul style="list-style-type: none"> ● Write the nutrients we need in a balanced diet.
			STAYING HEALTHY AND HAPPY	<p>As per NEP</p> <p>Integration with Art</p> <ul style="list-style-type: none"> ● Making home cleaner using orange and lemon peels. ● Dramatization on health and sanitization. <p>Integration with PE</p> <ul style="list-style-type: none"> ● Hop skip jump ● Play Indoor Games (Chess, Ludo, Carrom) <p>Integration with Language</p> <ul style="list-style-type: none"> ● Importance of sanitization and physical activities. <p>Integration with English, Social Science</p> <p>E – Content</p> <ul style="list-style-type: none"> ● https://youtu.be/-UOq3ma0ZHE?si=njiEWillmpicIz9q ● https://youtu.be/4UJhKePyP8k?si=frayOxeFAh8_uzSW ● https://youtu.be/bszc63yGsxxk?si=tmrtez73eoxpD_NV <p>Teaching Aid</p> <ul style="list-style-type: none"> ● Orange and lemon peel, cloves, white vinegar, first aid kit, hand wash. 	<ul style="list-style-type: none"> ● LAT ● Hygiene checklist worksheet ● Oral question and answer on health habits. ● Participation, engagement and understanding the process and importance of natural floor cleaner ● Observing their hygiene routine and habits after discussion.
8	DECEMBER	18	THIS WORLD OF THINGS	<p>As per NEP</p> <p>Integration with Art</p> <ul style="list-style-type: none"> ● Make a homemade orchestra ● Draw three natural and three artificial things around you <p>Integration with PE</p>	<ul style="list-style-type: none"> ● LAT ● Sorting Worksheet – Gas, solid, liquid etc. ● Oral quiz – naming objects and materials.

				<ul style="list-style-type: none"> ● Spot the metal <p>Integration with Language</p> <ul style="list-style-type: none"> ● List three things which is transparent, translucent, opaque <p>E – Content</p> <ul style="list-style-type: none"> ● https://youtu.be/JNtelNtX3G8?si=2GVOuE0iKc6Td9nQ <p>Teaching Aid</p> <ul style="list-style-type: none"> ● Paper, colours, objects of different materials (wood, iron, glass, plastic etc.) 	<ul style="list-style-type: none"> ● Draw your favourite object and describe its use.
REVISION					
PERIODIC TEST - 2					
9	JANUARY	22	MAKING THINGS	<p>As per NEP</p> <p>Integration with Art</p> <ul style="list-style-type: none"> ● Make your own clay using soil ● Make something you like with the clay they have made ● Make a wall with the matchboxes ● Make a piggy bank <p>Integration with PE</p> <ul style="list-style-type: none"> ● Material collection relay (card of wood, clay, paper, metal) <p>Integration with Language</p> <ul style="list-style-type: none"> ● Write the safety rules for your classroom. <p>Integration with Maths</p> <ul style="list-style-type: none"> ● Patterns and designs <p>E – Content</p> <ul style="list-style-type: none"> ● https://youtu.be/q4IbNebG7ZA?si=-HvrQIsjEF_x4jxW <p>Teaching Aid</p> <ul style="list-style-type: none"> ● Soil, oil, flat vessel, water, clay, match boxes, flash card and tooth pick. 	<ul style="list-style-type: none"> ● LAT ● Classify objects based on materials. ● Oral question answer ● Oral explaining why patterns are important. ● MCQ Question worksheet. ● Arrange the steps of pottery.

10	FEBRUAR Y	23	TAKING CHARGE OF WASTE	<p>As per NEP</p> <p>Integration with Art</p> <ul style="list-style-type: none"> • Paper Bag (Newspaper) • Make a dustbin using waste material (National Cleanliness Day) <p>Integration with PE</p> <ul style="list-style-type: none"> • Vaccine Vijayate (Khel Yoga) <p>Integration with Language</p> <ul style="list-style-type: none"> • Creative writing on National cleanliness Day <p>E – Content</p> <ul style="list-style-type: none"> • https://youtu.be/rpv0_MuNx6E?si=TEvIh_U-1Wka7B9z • https://youtu.be/W73MGpfn-O4?si=hHApBBi56i8WC46b • https://youtu.be/GukglAArpa0?si=OjnN9-P-xjera8K1 <p>Teaching Aid</p> <ul style="list-style-type: none"> • Newspaper, glue, plastic water bottle, various things used in cleaning. 	<ul style="list-style-type: none"> • LAT • MCQ Question Answer • Oral explanation on managing waste • Worksheet on separating waste • Write difference between green dustbin and blue dustbin
MARCH (REVISION)					
SESSION ENDING EXAM					

BANSURI

S.No.	Month	No. Of working days	Name of the chapter/topic to be covered	Teaching Aids / E-Content Link / Innovative Practices to be Adopted	Assessment / Test / Exam to be Conducted
1	APRIL/MAY	24	<p>Visual Arts 01: Objects in art Activity 1: Play with lines Activity 2: Draw and colour objects found around you Activity 3: Trace, cut and overlap Activity 4: Draw a bottle and play with its shape</p> <p>Performing Arts Music- 06: Our national anthem Activity 1: let's sing the national anthem Activity 2: Sounds and music</p> <p>07: Feel the rhythm ta ka ta ki ta Activity 1: One to three Four!</p> <p>Movement and Dance- 11: Let us dance Activity 1: Move freely Activity 2: Dance to the beats Activity 3: Guess the Actions</p> <p>Theatre- 15: Explore (ACT1 Scene 1- Walk of wonder)</p>	<p>Visual Arts Variety of markers and pencils, paper with different texture, geometric shapes and rulers etc.colourful paper, Scissor and Glue, teaching tools, example and demonstration. show examples of different types of bottles, Clay and modeling tools, show image of different objects created with Clay to inspire students creativity etc. https://youtu.be/QpTQXiJR54?si=kElyK3vvzTNrl1-u</p> <p>Performing Arts Music- national flag, patriotic image, Music instruments, sound making objects etc. https://youtu.be/1AWX5oBd2ls?si=n5XJE4IILJfQVoE6 use rhythm instrument, body percussion like clapping, tapping. https://youtu.be/3TOGvfgf5ryQ?feature=shared</p> <p>Movement and Dance- Music and beats, dance props dance videos, an open area where students can move and dance freely etc.Action cards, music and sound effects, mimicry etc. https://youtu.be/UYztCPesCQw?feature=shared</p> <p>Theatre- Open space, music and sound effects, timer, makings on the stage or floor to guide students movements etc.play music and sound effects to enhance the activity,create action cards with instructions like sit, down and jump to help students follow the activity. https://youtu.be/boHe9yaQZgg?feature=shared</p>	LAT

			Activity 1: Speedy steps Activity 2: You are in a situation! Activity 3: Sit-turn-jump		
2	JUNE	7	<p>Visual Arts 01: Objects in art Activity 5: Play with clay Activity 6: Making pots</p> <p>02: Plants in art Activity 1: Nature walk and drawing Activity 2: Draw from nature</p> <p>Performing Arts Music-07: Feel the rhythm ta ka ta ki ta Activity 2: Cell and response mapping Activity 3: Let's listen and learn Movement and Dance- 11: Let us dance Activity 4: Movements in four beats</p>	<p>Visual Arts Clay and modeling tools, show image of different objects created with Clay to inspire students creativity etc. Clay, Pottery Wheels, Ceramic Glazes. Colorful Pencils, Nature Pictures, Drawing Paper, Plant Specimens. https://youtu.be/QpTQXiJR-54?si=kElyK3vvzTNr11-u https://youtu.be/sKNgq9RIgVc?si=c5pLlpnGmnytNqQ1</p> <p>Performing Arts Tools (e.g. whiteboards, sticky notes) for students to map out their call-and-response patterns and movements. Recordings of different rhythms and music styles for students to listen and learn, Music Videos, Interactive Rhythm Games etc. https://youtu.be/3TOGvgf5ryQ?feature=shared</p> <p>Movement and Dance- Activity 4: Music and sound effects in 4/4 time signature for students to move and dance to, Clear instructions on leader and follower roles to facilitate group dance movements. https://youtu.be/UYztCPesCQw?feature=shared</p>	<u>LAT</u>
3	JULY	26	<p>Visual Arts 02: Plants in art Activity 3: Juicy colours Activity 4: Goal grill in buildings Activity 5: Make your own jali</p> <p>Performing Arts Music-07: Feel the rhythm ta ka ta ki ta</p>	<p>Visual Arts Drawing Paper, Plant Specimens. Gol Grill in Buildings, Grill Patterns, Colorful Markers. Make Your Own Jail, Cardboard Boxes, Scissors, Glue and Paint. https://youtu.be/sKNgq9RIgVc?si=c5pLlpnGmnytNqQ</p> <p>Performing Arts Music- Learn the Rhythm with Musical Instrument: Various musical instruments (e.g. drums, maracas,</p>	<u>PT-1</u>

			<p>Activity 4: Learn the rhythm with musical instruments</p> <p>Movement and Dance- 11: Let us dance Activity 5: Movements of hands or fingers Activity 6: Matching steps with hands</p> <p>Theatre- 15: Scene 2- Communicate without lacking Activity 4: Freeze and justify Activity 5: Group structures</p>	<p>xylophone) for students to learn and practice, Exercises and drills for students to practice playing rhythms on their instruments. https://youtu.be/3TOGvfgf5ryQ?feature=shared</p> <p>Movement and Dance- Hand and Finger Exercises, Puppets or props for students to use and practice hand and finger movements, Music and Sound Effects, Mirrors or reflection for students to observe and practice their hand and finger movements.</p> <p>Step-by-Step Instructions, Cards with specific dance movements (e.g. step-touch, jump, clap) for students to match with hand movement. https://youtu.be/UYztCPesCQw?feature=shared</p> <p>Theatre- Role-Playing Scenarios, Communication Cards, Feedback Forms. Group Roles, Communication Guidelines, Collaboration Tools. https://youtu.be/boHe9yaQZgg?feature=shared</p>	
4	AUGUST	23	<p>Visual Arts 02: Plants in art Activity 6: Stories in pictures</p> <p>Performing Arts Music- 07: Feel the rhythm ta ka ta ki ta Activity 5: Learn the rhythm with your body Activity 6: Learn the notes (Svara) in music</p> <p>Movement and Dance- 12: Dance for joy</p> <p>Activity 1: Know my body parts Activity 2: Move the body to the rhythm</p>	<p>Visual Arts Stories in Pictures, Storybooks, Drawing Paper, Colorful Pencils and Markers. https://youtu.be/sKNgq9RIgVc?si=c5pLlpnGmnytNqQ1</p> <p>Performing Arts Music- Music Instruments (e.g. drums, maracas), Body Movement Cards (e.g. clap, jump, spin). Swara Charts, Music Sheets with Swara Notation. https://youtu.be/3TOGvfgf5ryQ?feature=shared</p> <p>Movement and Dance-Body Part Flashcards, Action Songs (e.g. "Head, Shoulders, Knees, and Toes"). Music Instruments (e.g. drums, maracas), Dance Movement Cards (e.g. clap, jump, spin)</p> <p>Theatre- Pen, Book, Coffee mug, Imagination Cards (e.g. fantasy creatures, magical objects, Role-Playing Costumes and Props.</p>	<u>LAT</u>

			<p>Theatre- 15: Scene 2- Communicate without lacking Activity 6: Magic pit (object)</p> <p>16- (Imagine) Act Scene 3- situational reception Activity 7: Magic pit (Situation)</p>	<p>https://youtu.be/boHe9yaQZgg?feature=shared https://youtu.be/vwr1w8RqkIs?feature=shared</p>	
5	SEPTEMBER	24	<p>Visual Arts</p> <p>02: Plants in art Activity 7: draw with plant motifs</p> <p>Performing Arts</p> <p>Music- 07: Feel the rhythm ta ka ta ki ta</p> <p>Activity 7: Let's sing head shoulders knee and toes Activity 8: A Birthday song Activity 9: An interesting story Activity 10: Animals and sounds</p> <p>Movement and Dance-</p> <p>12: Dance for joy Activity 3: Routine story in dance Activity 4: Your folk dance Activity 5: Draw a picture of a folk dance with 3-4 people.</p> <p>Theatre- (Imagine) ActScene 3- situational reception</p>	<p>Visual Arts</p> <p>plain paper, chart paper, waste rags, old newspaper, colour papers, thread and glue. Natural materials like seeds, flowers, leaves, petals that have fallen on the ground. https://youtu.be/sKNgq9RIgVc?si=c5pLlpnGmnytNqQ1</p> <p>Performing Arts</p> <p>Music- Song Video, Action Cards (e.g. touch head, shoulders, knee, toes). Song Video, Music Instruments, Storybooks, Animal Pictures, Puppets or Stuffed Animals, Sound Cards (e.g. animal sounds, musical notes). https://youtu.be/3TOGvfg5ryQ?feature=shared</p> <p>Movement and Dance- Story Sequence Cards, Dance Costumes and Props. Folk Dance Videos, Traditional Costumes. Drawing Paper, Colorful Markers and Crayons, Folk Dance Pictures for Reference. https://youtu.be/CEIEz_X1ep4?si=VjZCzehVBrQ5Mtbm</p> <p>Theatre-pen, copy, duster and other classroom objects, Everyday Objects (e.g. chair, book, cup), Imagination Cards, Role-Playing Scenarios.Rhythms of local drums, whistling etc. Recording music could be used for instrumental music of a flute ektara etc., to create different modes and emotions. https://youtu.be/vwr1w8RqkIs?feature=shared</p>	<u>HALF YEARLY</u>

			Activity 8: Object improvisation Activity 9: Sound improvisation		
				HALF YEARLY EXAM	
6	OCTOBER	16	<p>Visual Arts</p> <p>05- Festivals, occasions, and celebrations Activity 1: Floor and wall designs Activity 2: Flowers sing on the string</p> <p>Performing Arts Music- 07: Feel the rhythm ta ka ta ki ta</p> <p>Activity 11: Building blocks of music Activity 12: The music in notes (Alankar and Sargam) Singh and repeat Activity 13: Learn about Taala Activity 14: Listen to this song and try to keep Taala with it Movement and Dance- 13: I play and dance Activity 1: Movement patterns Activity 2: Fun with musical instruments and props Theatre- 17: (Its create) ACT 3 Scene 5- Create a scene Activity 10: Role play</p>	<p>Visual Arts</p> <p>Colorful Chalks or Paints, Stencils or Templates, Design Inspiration Pictures. Colorful Papers or Fabric, Scissors and Glue, String or Thread, Flower-Shaped Templates or Stencils. https://youtu.be/ht-fJAFaIXk?feature=shared</p> <p>Performing Arts</p> <p>Music –Taanpura, Music Sheets with Alankar and Sargam Notation, Sargam Charts for Reference. Tabla Instrument for Demonstration, Tabla Playing Videos for Visual Learning, Basic Tabla Lessons for Beginners. Music Player with Fun and Engaging Songs, Drums or Clapping Sticks for Rhythm Practice, Beat-Keeping Charts for Visual Aid. https://youtu.be/3TOGvgf5ryQ?feature=shared</p> <p>Movement and Dance-try using the available musical instruments to create rhythmic movements. You can also use kitchen utensils as musical instruments. Ribbon or ring as a dance prop. https://youtu.be/tihXr7rEgtI?feature=shared</p> <p>Theatre- Costumes and Props, Scenario Cards (e.g. doctor, teacher, shopkeeper), Script or Storyline Guides. https://youtu.be/reEXRIYVT4c?feature=shared</p>	LAT
7	NOVEMBER	23	<p>Visual Arts</p> <p>05- Festivals, occasions, and celebrations</p>	<p>Visual Arts</p> <p>Colorful Papers or Foils, Scissors and Glue, Lantern Templates or Patterns, String or Thread.</p>	LAT

			<p>Activity 3: Make your own paper lanterns</p> <p>Activity 4: Make your own clay lamps</p> <p>Performing Arts Music- 10 Celebratory notes</p> <p>Activity 1: Let's listen and learn a Diwali song</p> <p>Activity 4: Let's listen and learn a song for Eid</p> <p>Movement and Dance- I play and dance</p> <p>Activity 3: Moments with music</p> <p>Activity 4: Rhythm of three beats</p> <p>Activity 5: Different beat patterns</p> <p>Theatre- Scene 6- Stories in action</p> <p>Activity 11: Group role plays</p>	<p>Clay or Modeling Dough, Lamp Molds or Shapes, Paints or Decorative Materials, Candles or LED Lights.</p> <p>https://youtu.be/ht-fJAFAIXk?feature=shared</p> <p>Performing Arts</p> <p>Music- Audio Recordings of Festive Songs, Lyrics</p> <p>Sheets or Printouts, Music Player or Instrument, Cultural or Festival-Themed Props.</p> <p>https://youtu.be/J6D2TeabZIA?feature=shared</p> <p>Movement and Dance- Music Player, Dance Mats, Movement Cards (e.g. jump, spin). Drums or Clapping Sticks, Beat-Keeping Charts, Music with 3-Beat Rhythm. sticks, percussion instruments, metronome, count the beats.</p> <p>https://youtu.be/tihXr7rEgtI?feature=shared</p> <p>Theatre- familiar stories can be driven from various lesson in other textbooks, language books, history books, Scenario Cards (e.g. doctor, teacher, shopkeeper), Costumes and Props, Script or Storyline Guides, Role-Play Badges or Name Tags.</p> <p>https://youtu.be/reEXRIYVT4c?feature=shared</p>	
8	DECEMBER	18	<p>Visual Arts</p> <p>03- Animal in art</p> <p>Activity 1: Make an animal story</p> <p>Activity 2: animal and me</p> <p>Activity 3: animal Act</p> <p>Performing Arts</p>	<p>Visual Arts</p> <p>Storybooks, Animal Pictures, Colorful Markers and Crayons. Animal Photos, Self-Portraits, Drawing Paper and Colors. Animal Masks or Costumes, Script or Storyline Guides, Music or Sound Effects.</p> <p>https://youtu.be/3y9Zv0tld7k?si=uMyiu_f100RNC0IP</p> <p>Performing Arts</p>	LAT

			<p>Music- 08: Travel around Activity 1: Sing a song in a new language! Activity 2: Learn about dynamics Activity 3: Let's learn an odia song Activity 4: Keep rhythm with syllables Activity 5: Listen and learn to sing in Kashmiri Activity 6: Listen and learn to sing in Konkani Activity 7: Listen and learn to sing in Tamil</p> <p>Theatre- 18: (Look around ACT 4) Scene 7- crafting narratives Activity 12: Observation and storytelling</p>	<p>Music-Song Lyrics, Music Player, Language Flashcards, Music Sheets, Dynamic Markings (e.g. loud, soft), Instrument Demonstrations, Odia Song Lyrics, Odia Cultural Resources (e.g. pictures, videos). Rhythm Cards, Syllable Charts, Language Flashcards, Cultural Resources (e.g. pictures, videos), Language Resources (e.g. pronunciation guides) https://youtu.be/aYz3RXWqS44?feature=shared</p> <p>Theatre- Picture Cards or Storybooks, Puppets or Props, Storytelling Guides or Prompts. https://youtu.be/reEXRIYVT4c?feature=shared</p>	
9	JANUARY	22	<p>Visual Arts 03- Animal in art Activity 4: Animal blocks Activity 5: Create a home for your pet Performing Arts Music- 10 Celebratory notes Activity 2: Let's listen and learn a New year song Activity 3: Let's listen and learn a Christmas song Movement and Dance- 14- Dance with nature Activity 1: Nature and body Movements Activity 2: Nature and rhythmic movements Theatre- Scene 7- crafting narratives</p>	<p style="text-align: center;">Visual Arts</p> <p>Animal Figures or Models, Inspiration Pictures (e.g. animal habitats, zoos). Activity 5: Building Materials (e.g. blocks, LEGOs, cardboard boxes), Pet Pictures or Models, Habitat Inspiration Pictures (e.g. dog houses, bird cages), Craft Supplies (e.g. glue, scissors, markers). https://youtu.be/3y9Zv0tld7k?si=uMyiu_f100RNC0IP</p> <p style="text-align: center;">Performing Arts</p> <p>Music- Audio Recordings of Festive Songs, Lyrics Sheets or Printouts, Music Player or Instrument, Cultural or Festival-Themed Props. https://youtu.be/J6D2TeabZIA?feature=shared</p> <p>Movement and Dance- using your hands, arms and body try to show the movements in smooth and flowing ways, similar to the gentle movements you see in nature. Nature Sound Recordings, Rhythmic Music or Beats, Movement or Dance Props, Nature-</p>	<u>PT -2</u>

			Activity 13: Picture story telling	Inspired Instruments (e.g. chimes, drums). https://youtu.be/iAKyMw_K8I?feature=shared Theatre- use a simple picture of a single object or animal (a tree, a pot, a cat etc) https://youtu.be/reEXRIYVT4c?feature=shared	
10	FEBRUARY	23	Visual Arts 04- People around us Activity 1: Let's dress up Activity 2: What to wear and when? Performing Arts Music- 10 Celebratory notes Activity 5: Let's listen and learn a prayer dedicated to Lord Buddha Activity 6: Let's listen and learn a patriotic song Movement and Dance- 14- Dance with nature Activity 4: Dancing to a regional song Theatre- Scene 8- Community creativity Activity 14: Community creativity	Visual Arts Pictures of Different Professions (e.g. doctor, teacher, chef), Traditional and Cultural Dresses, Costumes or Fabric Pieces, Accessories (e.g. hats, scarves, badges), Craft Supplies (e.g. glue, scissors, markers). Pictures of Different Clothes, Seasonal or Occasional Dress-up Props https://youtu.be/U0GWaUEdBGc?si=hiNSQsMkLO-Tw81x Performing Arts Music- Audio Recordings, Lyrics Sheets, Music Player, Cultural or Festival-Themed Props, Images or Pictures related to Eid, Lord Buddha, or National Symbols, Simple Instruments or Music Accompaniment. https://youtu.be/J6D2TeabZIA?feature=shared Movement and Dance- Music Player or Instrument, Dance Movement Guides or Charts, Costumes or Props, Lyrics Sheets or Song Printouts. Theatre- Activity 14: Audio Recordings, Lyrics Sheets, Music Player, Festival-Themed Props. https://youtu.be/reEXRIYVT4c?feature=shared	<u>LAT</u>
11	MARCH			SESSION ENDING EXAM	

KHEL YOGA

S.No.	Month	No. of working days	Name of the chapter/topic to be covered	Teaching Aids: / E-Content Link / Innovative Practices to be Adopted	Assessment / Test / Examination to be Conducted
1.	April/May	24	<p style="text-align: center;">Unit 1— Basic Motor Movements</p> <p style="text-align: center;">Chapter 1: Throwing and Catching-</p> <ol style="list-style-type: none"> 1. Throwing 2. Catching 3. Catch and Throw 4. Pick Up and Throw 5. Hit and Target 6. Relay Catching <p style="text-align: center;">Unit 3— Yoga</p> <p style="text-align: center;">Chapter 6: Yoga for Daily Life</p> <ol style="list-style-type: none"> 1. Being Happy 2. Being Healthy 	<p style="text-align: center;">Unit 1.</p> <p>Video: https://youtu.be/Zge0zsk7FOs?si=LI3_aTpzKR5XdzN7 Chapter 1- Throwing and Catching</p> <p>Teaching Aids: Soft balls, buckets/targets, chalk for circles, cones/markers, whistle.</p> <p>Innovative Practices Adopted: Pair throw–catch, target throw game, pick and throw, hit the target, relay catching race. https://ncert.nic.in/textbook/pdf/ceky101.pdf</p> <p>Audio: https://www.youtube.com/watch?v=mlnkiPdafa4</p> <p style="text-align: center;">Chapter 6 – Yoga for Daily Life</p> <p>Teaching Aids: Yoga mats, yoga pose charts/flashcards, healthy habit picture cards, calm music.</p> <p>Innovative Practices Adopted: Deep breathing and smiling meditation; simple poses like Tadasana and stretching; pair activity to help others and share positive words. https://ncert.nic.in/textbook/pdf/ceky106.pdf</p> <p>Audio: https://www.youtube.com/watch?v=T4fTyOn3ebo</p>	<ul style="list-style-type: none"> ● Observation during activities ● Practical / skill demonstration ● Participation in games and yoga ● Yoga posture assessment

			3. Being kind		
2	June	7	<p>Unit 2— Our Games</p> <p>Chapter 5: Local and Traditional Games-</p> <p>1. Seven Stones 2. Golaap Togor</p>	<p>Chapter 5: Local and Traditional Games- Teaching Aids: Flat stones/wooden blocks, soft ball, chalk for markings, cones/markers.</p> <p>Innovative Practices Adopted: Seven Stones stacking and hitting game; Golaap Togor circle game; small group participation; student leader explains rules and leads the game.</p> <p>https://ncert.nic.in/textbook/pdf/ceky105.pdf</p> <p>Audio: https://www.youtube.com/watch?v=bqSMpKUx98c</p>	<ul style="list-style-type: none"> ● Participation in games and yoga ● Peer assessment ● Game performance assessment
3	July	26	<p>Unit 1— Basic Motor Movements</p> <p>Chapter 2: Kicking and Receiving</p> <p>1. Kicking 2. Receiving 3. Pass the Ball 4. Shadow Ball</p> <p>Unit 2— Our Games</p> <p>Chapter 5: Local and Traditional Games-</p>	<p>Chapter 2: Kicking and Receiving https://ncert.nic.in/textbook/pdf/ceky102.pdf</p> <p>Teaching Aids: Soft football/rubber ball, cones or bottles, chalk markings, whistle.</p> <p>Innovative Practices Adopted: Kick towards target or partner; receive and control the ball; circle pass game using feet.</p> <p>https://ncert.nic.in/textbook/pdf/ceky102.pdf</p> <p>Audio: https://www.youtube.com/watch?v=axTJeDAvc1E</p> <p>Chapter 5: Local and Traditional Games- Teaching Aids: Chalk for markings, cones/markers, whistle.</p> <p>Innovative Practices Adopted:</p>	<p>PT-1</p> <ul style="list-style-type: none"> ● Oral questioning / discussion ● Teacher checklist / rubric ● Anecdotal records ● Portfolio of student activities ● Project / activity-based assessment

			<p>1.Pakdam-Pakdai 2.Chain(Sankali)</p> <p>Unit 3— Yoga Chapter 6: Yoga for Daily Life</p> <ol style="list-style-type: none"> Ashtanga Yoga Yama 	<p>Pakdam-Pakdai tag game; Chain (Sankali) catching game; rotate chaser for participation; encourage fair play and teamwork. https://ncert.nic.in/textbook/pdf/ceky105.pdf Audio: https://www.youtube.com/watch?v=bqSMpKUx98c</p> <p>Chapter 6: Yoga for Daily Life</p> <p>Teaching Aids: Yoga mats, chart of Ashtanga Yoga and Yama values, value flashcards.</p> <p>Innovative Practices Adopted: Value-based storytelling; discussion on good habits; role play on kindness and non-violence; short mindfulness breathing practice. https://ncert.nic.in/textbook/pdf/ceky106.pdf Audio: https://www.youtube.com/watch?v=T4fTyOn3ebo</p>	<ul style="list-style-type: none"> Game performance assessment Yoga posture assessment
4	August	23	<p>Unit 1— Basic Motor Movements Chapter 2: Kicking and Receiving</p> <ol style="list-style-type: none"> Flick the Ball Flick the Box Monkey in the Middle Sit and Rise <p>Unit 2— Our Games</p>	<p>Chapter 2: Kicking and Receiving</p> <p>Teaching Aids: Soft football/rubber ball, boxes or cones (target), chalk markings, whistle.</p> <p>Innovative Practices Adopted: Flick the ball to target; flick to hit box/cone; Monkey in the Middle passing game; sit and rise to kick/receive for balance and coordination. https://ncert.nic.in/textbook/pdf/ceky102.pdf Audio: https://www.youtube.com/watch?v=axTJeDAvc1E</p> <p>Chapter 5: Local and Traditional Games- Teaching Aids:</p>	<ul style="list-style-type: none"> Game performance assessment Health and fitness observation Yoga posture assessment

			<p>Chapter 5: Local and Traditional Games-</p> <ol style="list-style-type: none"> 1. Aankh Micholi 2. Bitta Kud <p>Unit 3— Yoga</p> <p>Chapter 6: Yoga for Daily Life</p> <p>1.Niyama(Good Habits)</p>	<p>Cloth/scarf for blindfold, chalk markings, cones/markers, whistle.</p> <p>Innovative Practices Adopted: Aankh Micholi blindfold catching game; Bitta Kud jumping activity; rotate roles for participation; follow safety rules while playing.</p> <p>https://ncert.nic.in/textbook/pdf/ceky105.pdf</p> <p>Audio: https://www.youtube.com/watch?v=bqSMpKUx98c</p> <p>Chapter 6: Yoga for Daily Life</p> <p>Teaching Aids: Yoga mats, chart of good habits, habit flashcards.</p> <p>Innovative Practices Adopted: Discussion on good habits; habit chart activity; role play of helping/cleanliness; short mindfulness breathing practice.</p> <p>https://ncert.nic.in/textbook/pdf/ceky106.pdf</p> <p>Audio: https://www.youtube.com/watch?v=T4fTyOn3ebo</p>	
5	September	24	<p>Unit 1— Basic Motor Movements</p> <p>Chapter 3: Strike the Ball-</p> <ol style="list-style-type: none"> 1. Striking the ball with a bat 2. Receiving the ball with a stick 3. Strike the Balloon 4. Body and Balloon <p>Unit 2— Our Games</p>	<p>Chapter 3: Strike the Ball-</p> <p>Teaching Aids: Plastic bat/wooden stick, soft balls, balloons, cones or chalk markings.</p> <p>Innovative Practices Adopted: Hit soft ball with bat; control ball with stick; strike balloon; keep balloon in air using different body parts.</p> <p>https://ncert.nic.in/textbook/pdf/ceky103.pdf</p> <p>Audio: https://www.youtube.com/watch?v=I2gzzAXw2J8</p> <p>Chapter 5: Local and Traditional Games –</p> <p>Teaching Aids: Chalk hopscotch boxes, small stone/marker, cones/markers, whistle.</p>	<ul style="list-style-type: none"> ● Health and fitness observation ● Reflective feedback from students ● Participation in games and yoga ● Yoga posture assessment

			<p>Chapter 5: Local and Traditional Games –</p> <ol style="list-style-type: none"> 1. Hopscotch 2. Cockfighting <p>Unit 3— Yoga</p> <p>Chapter 7: Yogic Practices (Yoga Sadhana)</p> <ol style="list-style-type: none"> 1. Introduction 2. Preparatory Practices 	<p>Innovative Practices Adopted: Hopscotch hopping game; cockfighting one-leg balance game; turn-taking participation; follow fair play rules. https://ncert.nic.in/textbook/pdf/ceky105.pdf</p> <p>Audio: https://www.youtube.com/watch?v=bqSMpKUx98c</p> <p>Chapter 7: Yogic Practices (Yoga Sadhana)</p> <p>Teaching Aids: Yoga mats, yoga step charts, warm-up flashcards, calm music.</p> <p>Innovative Practices Adopted: Explain importance of yoga; simple stretching and breathing; follow-the-teacher yoga practice; end with relaxation/meditation. https://ncert.nic.in/textbook/pdf/ceky107.pdf</p>	
				Half Yearly Examination	
6	October	16	<p>Unit 1— Basic Motor Movements</p> <p>Chapter 3: Strike the Ball-</p> <ol style="list-style-type: none"> 1. Soft Ball Control 2. Playing Pass 3. Scoop in the Square 4. Receiving with Stick 	<p>Chapter 3: Strike the Ball-</p> <p>Teaching Aids: Soft balls, plastic/hockey sticks, chalk for squares, cones/markers.</p> <p>Innovative Practices Adopted: Control soft ball with stick; pass the ball to teammates; scoop and pass in square; receive and stop ball with stick. https://ncert.nic.in/textbook/pdf/ceky103.pdf</p> <p>Audio: https://www.youtube.com/watch?v=I2gzzAXw2J8</p>	<ul style="list-style-type: none"> ● Oral questioning / discussion ● Teacher checklist / rubric ● Anecdotal records

			<p>Unit 2— Our Games</p> <p>Chapter 5: Local and Traditional Games –</p> <ol style="list-style-type: none"> 1. Kumir Denga 2. Hum Phoolon Ki Sadak Par Chalte Hain <p>Unit 3— Yoga</p> <p>Chapter 7: Yogic Practices</p> <ol style="list-style-type: none"> 1. Basic Postures 2. Asana Practice 	<p>Chapter 5: Local and Traditional Games –</p> <p>Teaching Aids: Chalk for safe areas/lines, cones/markers, whistle.</p> <p>Innovative Practices Adopted:</p> <p>Kumir Denga crocodile game; walk on line activity; turn-wise participation; follow safety and fair play rules. https://ncert.nic.in/textbook/pdf/ceky105.pdf</p> <p>Audio: https://www.youtube.com/watch?v=bqSMpKUx98c</p> <p>Chapter 7: Yogic Practices</p> <p>Teaching Aids: <i>Yoga mats, charts of basic asanas, asana flashcards.</i></p> <p>Innovative Practices Adopted: <i>Teacher demonstration of asanas; follow-the-teacher practice; balance poses like Tree Pose; relaxation with deep breathing.</i> https://ncert.nic.in/textbook/pdf/ceky107.pdf</p>	<ul style="list-style-type: none"> ● Portfolio of student activities ● Project / activity-based assessment ● Game performance assessment ● Yoga posture assessment
7	November	23	<p>Unit 1— Basic Motor Movements</p> <p>Chapter 4: Little Steps-</p> <ol style="list-style-type: none"> 1. Balancing the stick 2. Keep on Moving <p>Unit 2— Our Games</p>	<p>Chapter 4: Little Steps-</p> <p>Teaching Aids: Wooden/plastic sticks, chalk walking lines, cones/markers.</p> <p>Innovative Practices Adopted: Balance stick on palm/finger while walking; move on teacher’s commands (walk, slow run, stop, turn). https://ncert.nic.in/textbook/pdf/ceky104.pdf</p> <p>Audio: https://www.youtube.com/watch?v=xUA77H2_pnM</p> <p>Chapter 5: Local and Traditional Games –</p> <p>Teaching Aids:</p>	<ul style="list-style-type: none"> ● Peer assessment ● Self-assessment ● Group activity performance ● Oral questioning / discussion ● Yoga posture assessment

			<p>Chapter 5: Local and Traditional Games –</p> <ol style="list-style-type: none"> 1. Dodge Ball 2. Spoon Race <p>Unit 3— Yoga</p> <p>Chapter 7: Yogic Practices</p> <ol style="list-style-type: none"> 1. Breathing Practices 2. “Om” Chanting 3. Eye Exercises 	<p>Soft balls, spoon with lemon/small ball, chalk markings, whistle.</p> <p>Innovative Practices Adopted: Dodge Ball tagging and dodging game; Spoon Race balancing lemon/ball on spoon. https://ncert.nic.in/textbook/pdf/ceky105.pdf</p> <p>Audio: https://www.youtube.com/watch?v=bqSMpKUx98c</p> <p>Chapter 7: Yogic Practices</p> <p>Teaching Aids: <i>Yoga mats, breathing/eye exercise charts, calm music.</i></p> <p>Innovative Practices Adopted: <i>Slow breathing practice; Om chanting for focus; eye movement exercises.</i> https://ncert.nic.in/textbook/pdf/ceky107.pdf</p>	<ul style="list-style-type: none"> ● Participation in games and yoga
8	December	18	<p>Unit 1— Basic Motor Movements</p> <p>Chapter 4: Little Steps-</p> <ol style="list-style-type: none"> 1. Hold your Ground 2. Planks <p>Unit 2— Our Games</p> <p>Chapter 5: Local and Traditional Games –</p> <ol style="list-style-type: none"> 1. Gadda Maar 	<p>Chapter 4: Little Steps-</p> <p>Teaching Aids: Yoga mats, chalk activity area, whistle.</p> <p>Innovative Practices Adopted: Hold Your Ground balance activity; plank hold for strength and balance. https://ncert.nic.in/textbook/pdf/ceky104.pdf</p> <p>Audio: https://www.youtube.com/watch?v=bqSMpKUx98c</p> <p>Chapter 5: Local and Traditional Games–</p> <p>Teaching Aids: Rope, chalk boundary line, cones/markers.</p> <p>Innovative Practices Adopted: Gadda Maar target throwing game; Tug of War teamwork strength game.</p>	<ul style="list-style-type: none"> ● Yoga posture assessment ● Practical / skill demonstration ● Participation in games and yoga

			<p>2. Tug of War</p> <p>Unit 3— Yoga Chapter 7: Yogic Practices(Krida Yoga)</p> <ol style="list-style-type: none"> Mind Game Japa-Tapa Power of Breath 	<p>https://ncert.nic.in/textbook/pdf/ceky105.pdf Audio: https://www.youtube.com/watch?v=bqSMpKUx98c</p> <p>Chapter 7: Yogic Practices(Krida Yoga) Teaching Aids: <i>Yoga mats, breathing flashcards, calm music/bell.</i> Innovative Practices Adopted: <i>Mind game for concentration; Japa–Tapa mantra repetition; deep breathing for relaxation.</i> https://ncert.nic.in/textbook/pdf/ceky107.pdf</p>	
9	January	22	<p>Unit 1— Basic Motor Movements Chapter 4: Little Steps-</p> <ol style="list-style-type: none"> Find the House Chor-Police <p>Unit 2— Our Games</p> <p>Chapter 5: Local and Traditional Games –</p> <ol style="list-style-type: none"> Three-legged Race In and Out 	<p>Chapter 4: Little Steps- Teaching Aids: Chalk circles/houses, cones/markers, whistle. Innovative Practices Adopted: Find the House running game; Chor–Police chasing game for speed and coordination. https://ncert.nic.in/textbook/pdf/ceky104.pdf</p> <p>Audio: https://www.youtube.com/watch?v=bqSMpKUx98c</p> <p>Chapter 5: Local and Traditional Games – Teaching Aids: Rope/cloth strips, chalk markings, cones/markers. Innovative Practices Adopted: Three-legged race team running; In and Out circle movement game. https://ncert.nic.in/textbook/pdf/ceky105.pdf Audio: https://www.youtube.com/watch?v=bqSMpKUx98c</p>	<ul style="list-style-type: none"> Oral questioning / discussion Teacher checklist / rubric Anecdotal records Portfolio of student activities Project / activity-based assessment Game performance assessment Yoga posture assessment

			<p>Unit 3— Yoga</p> <p>Chapter 7: Yogic Practices</p> <ol style="list-style-type: none"> 1. Rishi Patanjali Says 2. Shabda Grahi 3. Sundar-Uttam 	<p>Chapter 7: Yogic Practices</p> <p>Teaching Aids: Yoga mats, bell/soft sound instrument, yoga instruction flashcards.</p> <p>Innovative Practices Adopted: Rishi Patanjali Says instruction game; Shabda Grahi sound-identification activity; Sundar–Uttam positive sharing. https://ncert.nic.in/textbook/pdf/ceky107.pdf</p>	<p>PT 2</p>
10	February	23	<p>Unit 1— Basic Motor Movements</p> <p>Chapter 4: Little Steps-</p> <ol style="list-style-type: none"> 1. Shuttle Run 2. Dodging Move to Safety 3. Vaccine Vijate <p>Unit 2— Our Games</p> <p>Chapter 5: Local and Traditional Games –</p> <ol style="list-style-type: none"> 1. Light and Shade 	<p>Chapter 4: Little Steps-</p> <p>Teaching Aids: Cones/markers, chalk running lines, whistle.</p> <p>Innovative Practices Adopted: Shuttle run agility drill; dodging to safe zone; Vaccine Vijate tag game. https://ncert.nic.in/textbook/pdf/ceky104.pdf</p> <p>Audio: https://www.youtube.com/watch?v=bqSMpKUx98c</p> <p>Chapter 5: Local and Traditional Games –</p> <p>Teaching Aids: Chalk to mark light and shade areas Cones or markers Whistle for instructions</p> <p>Innovative Practices Adopted: Light and Shade: Students move quickly to the “shade” or “light” area according to the teacher’s command, improving reaction time and coordination. https://ncert.nic.in/textbook/pdf/ceky105.pdf</p> <p>Audio: https://www.youtube.com/watch?v=bqSMpKUx98c</p>	<ul style="list-style-type: none"> ● Project / activity-based assessment ● Game performance assessment
11	March			<p>Session Ending Examination</p>	